

## HEALTHY REWARDS PROGRAM GUIDE

## EARN UP TO 25,050 POINTS OR MORE PER YEAR!

Complete the activities outlined in our healthy rewards program to earn points throughout the year. You can earn up to 25,050 points or more each year. The points you earn can be redeemed for THOUSANDS of reward options in the online rewards portal!

Attend/View the Rewards for Wellness Launch       1,000         Download and Register on the GoPivot App       1,000         Sync Fitness Tracker       500         Complete Profiles (Exercise and Nutrition)       500         Complete User Journey       1,000         DAILY + MONTHLY POINTS       POINTS         Daily Exercise       500         Daily Steps:       500         10,000 steps       500         7,500 steps       400         5,000 steps       300         Daily Mini Activity 25/600       600         Daily Financial Wellness Activity 25/500       500         Daily Gratitude Practice 25/600       600         SMILE Survey       400         Monthly Wellness Educational Video       400         Monthly Participation Bonus (4 activities)       400         QUARTERLY POINTS + BONUSES       POINTS         Participate in Company Quarterly Challenges       500         Volunteer/Community Service       350         SK/Organized Race       350         Steps Bonus       250	USER JOURNEY	POINTS
Sync Fitness Tracker         500           Complete Profiles (Exercise and Nutrition)         500           Complete User Journey         1,000           DAILY + MONTHLY POINTS         POINTS           Daily Exercise         500           Daily Steps:         10,000 steps           10,000 steps         500           7,500 steps         400           5,000 steps         300           Daily Mini Activity 25/600         600           Daily Financial Wellness Activity 25/500         500           Daily Gratitude Practice 25/600         600           SMILE Survey         400           Monthly Wellness Educational Video         400           Monthly Participation Bonus (4 activities)         400           QUARTERLY POINTS + BONUSES         POINTS           Participate in Company Quarterly Challenges         500           Volunteer/Community Service         350           5K/Organized Race         350           Steps Bonus         250	Attend/View the Rewards for Wellness Launch	1,000
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Complete User Journey         1,000           DAILY + MONTHLY POINTS         POINTS           Daily Exercise         500           Daily Steps:         10,000 steps           10,000 steps         500           7,500 steps         400           5,000 steps         300           Daily Mini Activity 25/600         600           Daily Financial Wellness Activity 25/500         500           Daily Gratitude Practice 25/600         600           SMILE Survey         400           Monthly Wellness Educational Video         400           Monthly Participation Bonus (4 activities)         400           QUARTERLY POINTS + BONUSES         POINTS           Participate in Company Quarterly Challenges         500           Volunteer/Community Service         350           5K/Organized Race         350           Steps Bonus         250	Sync Fitness Tracker	500
DAILY + MONTHLY POINTS         POINTS           Daily Exercise         500           Daily Steps:         10,000 steps         500           7,500 steps         400         5,000 steps         300           Daily Mini Activity 25/600         600         500           Daily Financial Wellness Activity 25/500         500         500           Daily Gratitude Practice 25/600         600         500         500           SMILE Survey         400         400         400           Monthly Wellness Educational Video         400         400           Monthly Participation Bonus (4 activities)         400         400           QUARTERLY POINTS + BONUSES         POINTS         500           Volunteer/Community Service         350         5K/Organized Race         350           Steps Bonus         250	Complete Profiles (Exercise and Nutrition)	500
Daily Exercise         500           Daily Steps:         500           10,000 steps         500           7,500 steps         400           5,000 steps         300           Daily Mini Activity 25/600         600           Daily Financial Wellness Activity 25/500         500           Daily Gratitude Practice 25/600         600           SMILE Survey         400           Monthly Wellness Educational Video         400           Monthly Participation Bonus (4 activities)         400           QUARTERLY POINTS + BONUSES         POINTS           Participate in Company Quarterly Challenges         500           Volunteer/Community Service         350           5K/Organized Race         350           Steps Bonus         250	Complete User Journey	1,000
Daily Steps:       500         10,000 steps       500         7,500 steps       400         5,000 steps       300         Daily Mini Activity 25/600       600         Daily Financial Wellness Activity 25/500       500         Daily Gratitude Practice 25/600       600         SMILE Survey       400         Monthly Wellness Educational Video       400         Monthly Participation Bonus (4 activities)       400         QUARTERLY POINTS + BONUSES       POINTS         Participate in Company Quarterly Challenges       500         Volunteer/Community Service       350         5K/Organized Race       350         Steps Bonus       250	DAILY + MONTHLY POINTS	POINTS
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Monthly Wellness Educational Video  Monthly Participation Bonus (4 activities)  400  QUARTERLY POINTS + BONUSES  Participate in Company Quarterly Challenges  Volunteer/Community Service  5K/Organized Race  Steps Bonus  400  400  400  400  400  400  400  4	Daily Gratitude Practice 25/600	600
Monthly Participation Bonus (4 activities)  QUARTERLY POINTS + BONUSES Participate in Company Quarterly Challenges  Volunteer/Community Service  5K/Organized Race Steps Bonus  400  400  400  400  500  500  500  50	SMILE Survey	400
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Participate in Company Quarterly Challenges  Volunteer/Community Service  5K/Organized Race  Steps Bonus  500  350  250	Monthly Participation Bonus (4 activities)	400
Volunteer/Community Service 350  5K/Organized Race 350  Steps Bonus 250	QUARTERLY POINTS + BONUSES	POINTS
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Steps Bonus 250	Volunteer/Community Service	350
·	5K/Organized Race	350
Exercise Bonus 250	Steps Bonus	250
	Exercise Bonus	250

ANNUAL POINTS (EXAMS + PROGRAMS)	POINTS
Annual Physical	5,000
Dental Exams (2 per year)	500
Vision Exam	500
Colonoscopy	10,000
PSA	2,000
Mammogram	2,000
Cervical Cancer Screening	2,000
Vaccination	500
Donate Blood	350
CPR Certification	350
Open Enrollment Attendance	500
Tobacco Cessation Program	2,000
Health Coaching Program	2,000
Healthy Pregnancy Program	2,000
Disease Management Program	2,000