

Because life doesn't always go as planned



No matter how well you plan, unexpected challenges may arise. *EmployeeConnect*SM offers professional, confidential services to help you and your loved ones improve your quality of life.

 In-person guidance	 Unlimited 24/7 assistance	 Online resources
<p>Some matters are best resolved with help from a professional. Through <i>EmployeeConnect</i>, you and your family get:</p> <ul style="list-style-type: none"> • Up to five in-person sessions with a counselor per person, per issue, per year¹ • In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue and 25% off standard rates for subsequent meetings² 	<p>You and your family can access the following services anytime online, via the mobile app, or with a toll-free call:</p> <ul style="list-style-type: none"> • Information and referrals on family matters, such as childcare, eldercare, and pet care; vacation planning; moving; car buying; college planning; and more • Legal information and referrals for family law, will planning, and consumer and civil law² • Financial guidance on household budgeting and short- and long-term planning 	<p><i>EmployeeConnect</i> offers a range of information and resources you can research and access on your own. Expert advice and support tools are at your fingertips when you visit GuidanceResources.com or download the <i>GuidanceNow</i>SM mobile app. You'll find:</p> <ul style="list-style-type: none"> • Articles and tutorials • Online will preparation • Beneficiary support and guidance • Interactive tools, including financial calculators, budgeting worksheets, and more

¹ In California, up to three sessions in six months, starting with initial contact by the employee.

² Services aren't included for employment law issues.

*EmployeeConnect*SM

EMPLOYEE ASSISTANCE PROGRAM SERVICES

Confidential help 24 hours a day, seven days a week for employees and their family members. Get help with:

- Family
- Parenting
- Relationships
- Addictions
- Stress
- Legal
- Finances
- Grief and loss
- Emotional support
- Online will preparation



Not for use in Washington or New York.

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We partner with your employer to offer you the *EmployeeConnect* program with your Lincoln Financial benefits.



Online will preparation

Creating a will lets you make vital decisions ahead of time, including naming a guardian for your children and designating who will receive your property and assets after you die. *EstateGuidance*® offers a secure, simple way to create and execute a will, giving you confidence that you've planned for your family's future.

Experience and credentialed *EmployeeConnect* counselors

When you call the toll-free number, you'll talk to an experienced professional who will provide counseling, work-life advice, and referrals. All counselors hold master's degrees, with broad-based clinical skills and at least three years of experience in counseling on a variety of issues. For face-to-face sessions, you'll meet with a credentialed, state-licensed counselor.



Take advantage of *EmployeeConnect*

To learn more, visit **GuidanceResources.com**.

New users select **Register** (web ID: LFGSupport).

Follow the prompts to create your username and password.

Don't forget to download the **GuidanceNowSM** mobile app.

For help by phone, call **888-628-4824**.

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